Diabetes Educator Programs by Panacea Health Education

Courses Outline, Duration and Eligibility

1) **Advanced Diabetes Update – Online**

*Approved by CDR for 15 CPEUs*

**Course Outline**

- Nutrition support in Diabetes – Update Version
- *New addition* - Weight management and evidence around Diabetes Remission
- Type 1 and Type 2 Diabetes in Paediatrics
- Public Health and prevention of Diabetes
- Hands on practice with Insulin and OHAs with Advanced Carbohydrate counting
- Co-morbidities of Diabetes including the following subtopics
  a) Renal and Diabetes
  b) Disorders associated with insulin resistance
  c) Diabetic Gastroparesis
  d) Cystic Fibrosis and Diabetes
  e) Coeliac Disease and Diabetes
  f) Critical Care and Hyperglycaemia

**Eligibility:** Registered Dietitians/ Nutritionists*/ Diabetes Educators/ Medical and Allied Health Professionals with a Diabetes Educators Certificate wishing to update their knowledge and practice

* Please note allied health professionals and nutritionists need minimum have a valid BSc/health science graduation background from a recognised institution

**Duration:** 3 months (Virtual Classes on 2-3 Saturdays per month 1-2 hours long + Self study modules)
2) **Online Diabetes Educators Program**

**Approved by CDR for 12 CPEUs**

**Course Outline**

- Insulin Resistance and Metabolic Syndrome
- Nutrition support in Diabetes - Update Version
- Physical Activity Recommendations
- Insulin and OHAs with Advanced Carbohydrate counting
- Micro and Macrovascular complications
- Diabetes Education Methods
- *New addition* – Paediatric Diabetes
- Gestational Diabetes
- Geriatric Diabetes
- International Guidelines to Diabetes Management
- Basic orientation to Diabetes Remission

**Eligibility:** Registered Dietitians, Dietetic students, Dietetic technicians, Nutritionists*, Nurses, Doctors, Allied health professionals working with Diabetes

* Please note allied health professionals and nutritionists need minimum have a valid BSc/health science graduation background from a recognised institution

**Duration:** 6 months (Virtual Classes on alternate Saturdays 1-2 hours long + Self study modules)
3) Combined Online Diabetes Educators+Advanced Diabetes Update

Approved by CDR for 27 CPEUs

Those who are interested in completing the advanced diabetes update but do not have a diabetes educators certification can do both together with our combined update option.

Course Outline: Would cover both the courses- Diabetes Educators and Advanced Diabetes Update

Eligibility: Registered Dietitians, Dietetic students, Dietetic technicians, Nutritionists*, Nurses, Doctors, Allied health professionals working with Diabetes

* Please note allied health professionals and nutritionists need minimum have a valid BSc/health science graduation background from a recognised institution

Duration: 6 months (Virtual Classes on 2-3 Saturdays per month 1-2 hours long + Self study modules)

Material provided:

- Diabetes Mellitus Toolkit - The Gold Standard Companion to ADA’s Evidence-Based Nutrition Practice Guideline

- Recent guidelines (ADA, IDF, NICE, SIGN, Diabetes UK) + Recommended Reading lists

Board of Faculty and Course Developers:

- Mrs Komal Deepak Kumar,BSc, MSc, MSc (UK), RD (HCPC, UK), Senior Specialist Dietitian, UK

- Mrs Meenakshi Bajaj, PGDND, MSc, RD (PhD), Dietitian- Head of Department, IN

- Dr Namita Panagaria, PhD, Post doc Scholar and Dietitian, IN

- Dr Kundhala Ravi, PGDCN, MSc,PhD, RD, Consultant Dietitian, IN

- Mrs Priya Kathpal, PGDip.Dietetics, MSc, Nutritionist, IN
Fee Structure:

Online Diabetes Educators Program – Rs 21000  
Advanced Diabetes Program Update – Rs 23000  
Combined program – Rs 34000

Panacea health education alumni students get a 25% off the Advanced diabetes update course fee.

Payment of Fees:-

Kindly transfer it to the following bank account.
A/c Name Panacea Health Education  
Bank Name Axis bank, Purusawalkam branch, Chennai, India  
A/c no 912020019975988  
IFS code: UTIB0000189  
Reference: Please put your name, DOB and DIAB 2019 in the reference of your payment.  
If you are not found eligible for the course, your fees will be transferred back.  
Please go through the prospectus appropriately prior to completing the form.

Admission process Do note that we like to focus on each learner's needs so we take only 20 students per batch- to be able to give individual attention when needed. Hence applicants would be given admissions on first come first in basis – as long as you are eligible for the course.

Link to Application form:  
https://forms.gle/SqiNAddUL7Tfp4GF9